SELF-EVALUATION FORM:

What I Learned

• I found I was good at:

• I found these things hard to do and want to work on them:

• I would do these things differently if I did this activity or project again:

• I’d like to learn more about the following things in this skill area:

Skill Area:
Please list the communication skill areas you covered (for example, video, media and technology; visual communications and graphic design; vocal expression and public speaking; or written communication).

What I Learned About Me

• Before we got started with this activity or project I felt:

• During this activity or project I felt:

• After the activity or project I felt: