

*Tool 14b: Communications Toolkit Self-Evaluation Form*

**SELF-EVALUATION FORM:**

# What I Learned



- I found I was good at:

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- I found these things hard to do and want to work on them:

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- I would do these things differently if I did this activity or project again:

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- I'd like to learn more about the following things in this skill area:

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**Skill Area:**

Please list the communication skill areas you covered (for example, video, media and technology; visual communications and graphic design; vocal expression and public speaking; or written communication).

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## What I Learned About Me

- Before we got started with this activity or project I felt:

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- During this activity or project I felt:

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- After the activity or project I felt:

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